

The Liftline

The Official Newsletter of the Garden State Ski Club

*A very special
thanks to the
contributors and
volunteers for this
issue of
The Liftline:*

- Dan Yuktowitz
- Cathy Best
- Ed Ellis
- Nancy Asdal
- Joy Daubenberger
- Ron Lichtman
- Ron Levine
- Lionel Chalier

Hiking at Killington

-Dan Yuktowitz

So you want me to write an article for the Liftline. Well listen to what I say...

With autumn (summer by the time this is published) approaching why not consider a trip to ski lodge for a hiking adventure? The foliage season will be at its peak with brilliant colors. The weather is cool, crisp and more likely to be dry. Many hiking trails are located within easy striking range of the lodge. The big secret is that the lodge will likely be almost empty. You can pick your room and not be disturbed by a noisy and smelly body above you.

The most obvious choice is Killington itself. On a clear day, one can see for miles around in all directions. The easiest ascent and access is from the base of the ski area. Assuming you have skied there before, directions should not be a problem. If you are really lazy, you can take the gondola up and down. Ride the gondola in one direction only and walk the other way or better yet hike both ways. Depending on your walking speed, count on the trek up to take an hour and a half or more or less.

After a full slate of hiking during the Memorial Day weekend, we opted to take the gondola for the ride up only. It was a brilliantly sunny day with magnificent views. If you have taken the gondola up to go skiing you will observe an interesting contrast when the snow has receded. A little jog to the right of where the gondola lets you off is a short 100-yard or so trail to the actual top of Killington. The great views can be further enhanced by climbing up the fire tower.

At the end of this area, the spur trail from

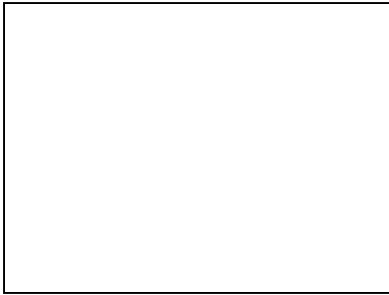
the Long Trail and the Appalachian Trail meets the summit. Contemplate your fate by looking straight down this nearly vertical section. I ascended this spur last year. And you guessed it; I had to return straight down this route to hike the 5+ miles back to my car.

For the descent of the Memorial Day hike, we decided to take the relatively mellow path down Great Northern. This is a green ski trail. There are more nice views along this route.

The picture b

"...why not consider a trip to ski lodge for a hiking adventure?"

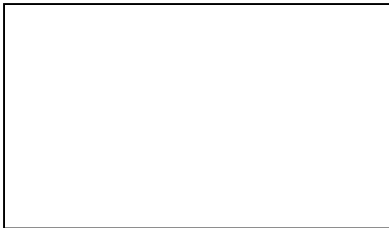
Hiking at Killington (cont'd)



"An unimpeded view to the north entertained the troops during our march up."

The latest Killington excursion took place over the Labor Day weekend. Our intrepid party of five ventured out from the Killington Base Lodge. Our intention was to reach the top, but the summit was enshrouded by clouds. We decided to proceed with plan B. We took off in a westerly route, ascending the Highlander, Snowshed Crossover and Great Eastern ski trails. An unimpeded view to the north entertained the troops during our march up. The only downside (as they were coming right at us) was the seemingly endless onslaught of mountain bikers. After about an hour, we reached the top of Bear Mountain. We were greeted with a view to the east that stretched out to New Hampshire.

The picture at left shows the view to the east from Bear Mountain.



GSSC VERMONT LODGE

The warming hut here served as a convenient place to break for lunch. The soda machine was powered up and ready for business. A Coke can be yours for only \$2.75!

Consumed by unabated masochistic tendencies, we chose to extend the hike by ambling up steeper ski trails to approach the clouds. We made it as high as Skye Peak without totally engulfing ourselves in the cloud cover. One nice feature of this area was that the mountain bikers didn't have the nerve to sample the terrain here. We took advantage of an opportunity to enter a Ski patrol lodge that was fortuitously left open. Inside was deck of cards that led us to engage in an impromptu game of poker.

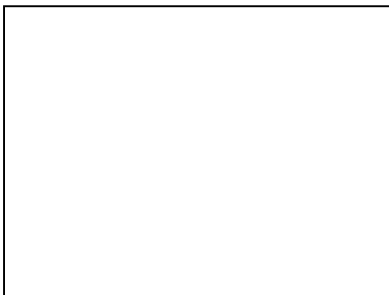
The return trip to the Killington Base lodge featured jaunts down intermediate ski trails and a regular hiking trail marked "E". By traversing various ski trails the occasion also functioned as a scouting mission for future ski trips to Killington.

Various other trails lead to Killington peak. One is the Bucklin trail, which tackles Killington from the West. The trailhead can be picked up somewhere around Mendon.

The aforementioned Long & Appalachian trails combination begins at the parking lot across the Inn at Long Trail on Route 4. This is a long slog with a very, very steep final 0.2 miles to Killington peak. If you intend to bag Pico Peak as well, then you're talking 12 miles roundtrip. Pico is a much shorter hike, but the views on top don't compare to those on Killington. Also from the Inn at LT lot, a short hike leads up to Deer Leap lookout. This has a view of Pico Peak. This would be suitable for those who don't have the energy or inclination to embark on longer and more challenging expeditions. The best part of this spot happens upon your return. You can stumble in & out of the Inn at Long Trail so that you may savor a pint or two of Half & Half or Long Trail Ale.

The ski lodge can provide a launching for numerous other hikes in the region. Among the ones I have done are: Camel's Hump – the classic Vermont Hike, Mt. Abraham, Snake Mountain with a view of Lake Champlain and Mt. Mansfield by Stowe. Mt. Mansfield is the highest point in Vermont at 4393 ft. Camel's Hump comes in at 4083, Mt. Abraham 4006, and Killington at 4241 ft. In the TV room of the club lodge is information on even more rambles in the area.

Additional tidbit: The ski lodge has a new caretaker. In the picture (left) the author is shown sitting with his new best friend, Fat Cat.



Fat Cat with his new best friend Dan Yuktowitz

Submit your article to
TheLiftline@gardenstateskiclub.com

More than Skiing in Sugarloaf, ME

-Cathy Best

Sugarloaf, ME - What a Blast! We did have an awesome time this year. I am sorry to all those people that went on the El Cheapo in previous years, but I am glad to say I have never been in Maine in temperatures that were 60 below. This was my husband Mike's and my first trip to Sugarloaf and we could not have asked for better conditions. We had perfect northeast skier climate and sunshine throughout the week. Lots of thanks to Ron Lichtman for a trip well planned. He must have gotten in touch with Mother Nature and told her of our planned visit.

Okay getting back to my main point here, I know, I know, we all love the skiing and the shredding, but wait a minute there is more to do with all that snow, than to just ski and board. Mike and I decided to take a day off from skiing – *can you believe it* – we did and we had a great time! We went a couple of miles down from the Sugarloaf Access Road and found a place called “The Carrabassett Valley Inn” where they rented snowmobiles or as the locals call them “sleds”. Now, neither one of us had ever used a sled before and I was a little hesitant at first and kept saying, “I am not going to ride over any lakes or rivers!” But then I figured, if I had rented my own sled, I could go wherever, as far and as fast as I wanted. Mike loves the speed so I didn't want to ride on the back with him.

When we called the rental place they explained that they go out in guided group tours in the mornings and afternoons for up to four hours (or more if you choose), on marked sled trails up Bigelow Mountain, which can be seen from the lift chairs of Sugarloaf. They guide you through the backcountry, where we might see moose and deer and other forest animals, up around the Appalachian trails, where people hike in the warmer weather. The tours typically take out groups of 10-12 and

cover a good amount of miles for the four-hour excursion.

When we arrived for the afternoon tour I felt like I was in an episode of *Newhart*, we walked into the Inn and no one was to be found. After calling out “Hello” a few times, the very laid back owner of the inn and sled business, Jeff, appeared and began telling us all about the sleds, how long we can keep them out, how much gas to fill them up with and oh yeah “have fun see you all before it gets dark!” Mike and I looked at each other like ... **WHAT!** For two reasons: #1-That's what is so great about being out of NYC area. This guy was giving us two sleds and a bunch of his gear to go out into the mountains and he was not taking a deposit, collateral or any of our personal information, except a waiver and basically saying have fun be back before dinner! And #2-There was no way we wanted to go into thousands of acres of wilderness by ourselves. We definitely needed a guide.

Since Jeff's wife was still out with the morning tour he thought about it for a little less than a minute. Then, the big kid himself hopped on a sled and rode off with us. He basically gave us a private tour of his backyard, which is 36,000 acres of Public Preserve at Bigelow Mountain and 20,000 acres of Flagstaff Lake. We sled over 55 miles in 5 hours. He ended up taking us out for a little extra time since we were not holding back. With rarely any stops and sledding almost 4 of the 5 hours, we both anticipated seeing some moose or deer or something in the wild. Halfway through when we arrived up at Flagstaff Lake, and as I said earlier I was not going on the water. They both tried to convince me that the front part of the lake is drained each year before winter - yeah right! Mike took a cruise across the Lake opening up the sled at about 75 MPH.

“I am not going to ride over any lakes or rivers!”

The funny thing is you didn't even hear the motor roar up there. It was so pristine, so quite up there, there was not another sole around but us. This was truly a paradise to be seen. After a few minutes and very far away from both the tour guide and me, Mike came, literally, flying back over the two-foot drifts in the snow-covered lake. In awe, he was telling us about this wolverine he happened upon while on the other side. With it's big teeth and about six feet long slipping across the snowy-icy lake the animal was in complete shock at seeing a person in his habitat. Mike said he wasn't sure who was more freaked out him or the wolverine. After he calmed down, Mike that is, our tour guide corrected him and told us it must have been an otter, as wolverines are not typically found up there. In any case, hooray Mike saw a wild animal. And No, I never got on the lake, well only a few feet to take the picture (see photo).

DO YOU KNOW
SOMEONE
WHO MIGHT BE
INTERESTED IN
JOINING

THE GARDEN STATE CLUB?

Direct them to our
website for more
information:

www.gardenstateskiclub.com

or

Better yet, invite
them to join us at :

**Victor's Maywood Inn
Tuesdays at 8:30PM**

We all know that every member in this club is an interesting & adventurous person. After all why else would you join a ski club? So come on now, share your stories with us.

It doesn't take as long as you may think. Once you start writing you just can't stop. It's like telling your story to a friend without the interruptions.

If you should need any assistance or do not have access to a computer no worries we can help you.

For more information
Contact Cathy Best at:

TheLiftline@
gardenstateskiclub.com

More than Skiing in Sugarloaf, ME (Cont'd)

– *"The Indian" (photo taken from chair lift on Sugarloaf Mountain)*

On our way back we finally found a pit stop for the ladies, as I went into the restroom I heard the guys talking about track marks outside, they were talking quite low so I couldn't make out what they were saying. However when I returned, the guide was telling us that they were coyote tracks. And that coyotes chase the deer into the wooded areas that are deep with snow, the deer sink and can't move, then coyote gets his prey. Although, I know coyote tracks these were definitely bigger and not from them and I wanted to keep on moving.

Since the afternoon ride was just the three of us the guide figured we could go off trail a bit. Mike got to do his crazy riding up huge verticals. I tried, got stuck, left behind, scared, and didn't try again. We got to see some of the most awesome views of winter and nature. We took some photos of Sugarloaf from Bigelow and some close up pictures of "The Indian", a mountain peak that is in the shape of an Indian lying on his back wearing a huge headdress. It's most famous in the wintertime when the snow covers the mountainside logging trails and makes the appearance of the Indian's headdress. Very cool (see full photo above - the feet

are to the left and head is to the right)!

When we eventually got back to the inn for the day. Our tour guide, innkeeper took off his gear jumped behind the bar only to become our waiter and bartender, he pulled out a couple of menus and popped a couple of brews for us. Then his wife came out and told him to fix the furnace and get the rooms ready for the guests coming in for the evening. Yep, kind of like a *Newhart* episode. Hmm...I was wondering if at any moment I would see a few Darrells walking in.

Finally when he got a break to come out and join us for a drink, he did tell us that the tracks we had seen could have been from a small mountain lion or a large bobcat (as we suspected). They are coming back into the area up there and a few locals have spotted them around. Although I didn't get to see any wild animals, just being part of nature with no one else around was worth the venture alone. But experiencing the power of a sled - that was pretty cool too.

<http://www.valleyadventuresports.com/>

<http://www.carrabassettinn.com/>

– Submit your article to TheLiftline@gardenstateskiclub.com

THE IMITATORS

- Joy Daubenberger

In the last issue of the Lifeline there appeared an article describing how one of our Board members, at the end of a full day of skiing at Catamount, was literally able to remove his ski pants and change into a pair of jeans in order to party -- while smack in the middle of the Catamount Lodge. He accomplished this surreptitiously -- no fanfare -- and, to this reporter's amazement, completely "under the radar" of the multitude of people surrounding him. It was an impressive skill that obviously required many years of practice and forethought and was so delineated in the last issue of The Lifeline.

Now, there appear to be some imitators. Two of them appeared when our club ran a bus trip to Belleayre Mountain early this season. Once again, one of the imitators was a member of the Board (it appears this Board will drop their pants at a minute's notice) but in this evaluator's opinion he did not come close to his predecessor's achievement. This imitator made no attempt at anonymity, was positioned directly in front of the only entrance door to the Lodge, and ... he stood up. The latter is definitely a no-no in the art of unveiling with discretion. To make things worse, he announced to this reporter in a loud voice what he was doing in his fumbling, indiscreet, and inept manner. In order to gain appreciation in the Lifeline, one has to be discreet, classy, quiet, unobtrusive and have something to show -- should exposure occur. We are sorry, but no accolades are in order for this imitator.

The second imitator was a female (we have invaded another country) who was intensely warm with her long johns on (it was a warm day of skiing) and, since the bathrooms at Belleayre are downstairs, she decided to take the King's seat by the back window, remove the ski pants, take off the long johns, and put the ski pants back on --

with success! This reporter deemed this feat to be worthy of at least honorable mention, and we may now have a Queen to accompany our King.

Although we encourage all members to vie for the title of King of the Disrobing, we have very stringent criteria for attaining membership in this elite club. We commend the female for her valiant attempt and give her "A" for effort. However, we cannot award any points for the awkward, feeble attempt by the male Board member. He needs practice and perhaps could learn by watching the King at the next race. You can be assured that this reporter will have eyes glued to all those who choose to "drop it".

Watch for any new unveilings in the next issue of the Lifeline to see who the contenders are and how they performed. Practice at your local movie theater, at a GSSC meeting, at a Mix at Six and then try your local ski lodge. This reporter and the staff of the Lifeline absolve responsibility should any legal action result!

The original is always superior and imitations are always inferior and so, today at least, the crown remains with its original owner.

Sugarloaf Trip (El Cheapo)

- Ron Lichtman

Sunday 3/20/05 thru Friday 3/25/05

Did you ever do something a bit differently and then thought, "Why didn't we do this way years ago?" Well that's how returning participants on the Sugarloaf trip felt.

By switching the trip dates from the end of January to the third week in March we gave up bitterly cold skiing weather for the skier's fantasy of sunny warm days and great snow conditions.

The temperatures were high 30's and low 40's, while the snow stayed hard.

There were 42 happy participants on our trip, and while downhill skiers were in the majority we also had snowboarders, and cross-country skiers. Lessons in any of those categories were available every day.

Bev Valenti enjoyed great cross-country skiing and now that the secret is out we expect a larger x-country contingent next year.

On Monday, our 2nd night we had a "Welcome Party" given by our Sugarloaf hosts for all the groups at the mountain. Music, a drink, and hors d'oeuvres were all included. Our Group Dinner followed the party so we all ate very well that night. Sadly, Lou Cizek, along with Russ & Marla Biss missed our dinner. I am sure, however, that Lou appreciated their help in rescuing his car after his long night in the "clinker" (too long a story to relate here).

In addition to the great skiing, we had a fun karaoke night. Suzie Kozman, Patti Meyers, Stephanie Pfister, Yonnie Cheng, Laura Cassidy & Linda Troise all did themselves proud. Those who did not make it to Karaoke after our Condo party (thank you Greg & Karen for the cleanup work) missed what was arguably the worst performance ever by a GSSC'r (myself).

I do not know what went on "the party condo" but Joe Manicone was smiling throughout the week.

My thanks to Cathy Best for her photos (available for viewing on the GSSC website). And thanks to all who participated making Sugarloaf week so great!

Hiking Guide and Safety Tips

-Cathy Best

Now that the warmer weather is upon us, many of us outdoorsy folks like to trek outdoors to keep active, as we do in the winter. Whether it's a simple hike at the local Ramapo Mountains or an all day trip in the big mountains of NY or VT, we all need to know some basic safety tips and guidelines before heading out. Searching the net, I found one of the best sites was "Hiking in the Catskills" 2004 © Hunter Mountain, Hunter, New York, 12442, which can be accessed at the web address:

http://www.huntermtn.com/summer_hiking.html

Below are some key tips taken from the site that I thought would be useful for us this summer.

Be sure to find out the rules and regulations of the parks or areas you plan to visit, as the information in this newsletter may not cover all restrictions, warnings, dangers and/or pre-trip planning you may need to be aware of.

BASICS OF BACK COUNTRY USE

- Plan ahead and prepare for drastic weather changes during the trip, especially during spring and fall.
- Check weather forecasts.
- Study your map route in advance
- Do not travel alone.
- Go with people who can help you in an emergency and stay together.
- Advise responsible persons of your intended route and return plans.
- Sign in and out at all trailhead registers.
- Know how to use each piece of your equipment, especially your map and compass, and first aid kit.
- By being alert to your surroundings you will add to your enjoyment and

safety during the trip.

- Read trail signs, note the color of trail markers you are following.
- At your starting point orient yourself with your map and compass to your route direction. When you pause on the way, check where you are on your map for the large features you can see: ridges, peaks, streams...

Save your energy by starting your hike slowly. Don't race. You will avoid overheating and lessen the chances of falls or injury. Take short rest stops and enjoy the scenery. Turn back early if anyone becomes exhausted or is suddenly drenched, or a lightning storm approaches when you are on a high point. If you are not adequately equipped for conditions ahead such as snow, ice, or high winds, go back.

Survival equipment should always be part of your gear: map and compass, jackknife, waterproofed matches, candle, extra quick energy food, first aid kit, whistle, flashlight with extra batteries and bulb, medium weight tarp, 30 feet of nylon cord, and a canteen of purified water and water purification tablets. Never assume that any water is completely clean and safe for drinking.

Summer clothing should be loose fitting and give protection from insects and nettles. Polyester and acrylic clothing, such as work clothing, is durable, quick drying, washable and inexpensive. Avoid 100% cotton clothing, especially blue jeans and sweatshirts. Weather can be changeable so carry raingear and a warm jacket. Boots should be over the ankle, have non-slip soles, and well defined heels. Sneakers are not recommended for hiking or backpacking. If you wear long pants, tuck the pant cuffs into your socks to reduce the chance of ticks attaching

(Continued P6)

The return trip, or descent contains the most danger for hikers. Problems occur when hikers are tired, hungry, cold and wet. Downhill hazards include turned ankles and dislocated knees. Go slowly.

Hypothermia occurs when your body loses heat faster than it can produce it. Death can result in a few hours even in temperatures up to 50°F. If a person begins stumbling, loses control of arms or legs, needs longer rests, or acts dazed, he or she has symptoms of hypothermia. (Note: similar symptoms may be exhibited by a person

Hiking Guide and Safety Tips (Cont'd)

having epilepsy, heart trouble, or diabetes.) It is critical to get the person warm and dry quickly. Get out of the weather. Warm with any means available, including putting on dry, warm clothing, getting in a sleeping bag, drinking warm, non-alcoholic fluids, and doing isometric exercises. The victim should see a doctor as soon as possible.

IN THE EVENT OF AN INJURY

If an immobilizing injury happens to a member of your party:

First aid should be administered and the injured person made as comfortable as possible. He or she should be protected from the weather and dampness.

Someone in the party should go for help. Do not leave the injured person alone unless absolutely necessary. Contact the nearest Forest Ranger, DEC employee, or police officer with the following information about the injured person:

1. Name, age, sex, height, weight, and address.
2. The nature of the injury and how it happened.
3. The injured person's location, described as accurately as possible. You may be able to pinpoint it on a map, or aid rescuers in doing so.

Good information will help the rangers or other rescuers to quickly locate, aid, and safely rescue the person. They need to determine what type of medical aid the person will need, what type of transportation will be needed to move the injured person safely, and how urgent the situation is. Accurate location of the injured person is the most important single fact needed by the rescuers.

IF YOU BECOME LOST

If you are off the trail or do not see anything you positively recognize, you may be lost.

- Stop in a place out of the wind.
- Rest, make yourself comfortable and remain calm. By resting, you conserve energy. By thinking, you can usually find the way out.
- Read your map and trace your route to where you are.
- If late in the day, prepare to stay overnight. Even a ledge or a fallen tree can offer shelter.
- Gather ten armloads of dead and dry wood. Build a small fire and keep a supply of wood ready to signal aircraft.
- Use moist leaves to make a smokey fire in the daytime. Add extra wood to make a bright fire at night to signal help from the air.
- The recognized signal for help is a series of three blasts on a whistle, three puffs of smoke, or three shots.
- **Stay calm**

UNWELCOME VISITORS

Bears have not been a major problem for recreationists in the Catskills. You are far more likely to be raided by hungry or curious porcupines or raccoons. If you do

encounter a bear, try to frighten it away by shouting, banging pots & pans, or blowing whistles. If the animal doesn't flee, it may be dangerous. Back away until you are clear.

To help avoid such problems and to protect your food supply:

- Keep a clean camp and do not encourage any animal to feed in camp.
- Store food overnight by hanging it in a bag by rope between trees away from your camp, at least 15 feet above the ground and 6 feet away from any tree trunk.
- Don't store food on the ground or in your tent.
- If possible, prepare meals away from your tent.

Other Web Resources:

<http://www.redcross.org/service/s/hss/tips/hiking.html>

<http://www.nps.gov/grca/grandcanyon/dayhike/tips.htm>

Breckenridge Trip

- Ron Lichtman

Saturday 1/29/05 thru 2/5/05 - A group of 48 skiers and snow boarders spent a week in February frolicking in the mountains of Colorado. If a picture is worth 1,000 words then I would need 1,000 pictures to give you an idea of the diversity of this trip (See GSSC photo page for some photos).

Non-downhill ski activities included sloshing in the hot tubs, a delicious group dinner at Mi Casa, a lovely Mexican restaurant, viewing the ice sculpture competition, Cross country skiing, snowmobiling, snowshoeing, and dog sledding. A fitness room was also available for those needing additional physical activity.

Snow conditions were great. Colorado tends to get snow at night and sun during the day. Volunteer guides offered a great introduction to Breckenridge. Intermediate skiers/boarders got in some great runs while getting acquainted with the various areas of the mountain.

While it would have been easy to spend the entire week at Breckenridge (4 huge peaks with 146 trails), our lift tickets were also good at Vail, Keystone and Arapahoe Basin. There was great skiing in all areas. China Bowl at Vail was especially memorable. At Keystone it was possible to get to bowls not accessed by lifts via Sno-Cat.

Après ski activities included a lounge with entertainment. Unfortunately I missed the highlight of the week when wife Roberta, Melissa Sandberg and Annick Chaliere were on stage to sing and dance. Other on stage volunteers included Lionel Chaliere, & Pete De Mattia, but you will have to ask them which of their features got them there.

At the end of the week, Melissa & I need not have bothered getting wine and cheese for our last night blowout. Participants were asked to bring food & beverages they did not want to cart home. Clearly the group was optimistic in the amount they thought they could eat and drink during the week as the room overflowed with both.

In summary – A fantastic week at an incredible value.

2005 – 2nd Annual President's Weekend X/C Trip

- Ron Levine

What have I been saying all along...The best thing about X-County Skiing is staying warm on those too-cold-for-downhill-ski days. Not only does the exertion keep you toasty warm, but the snow is best when very cold. Best advice is to dress in layers, since you'll soon be stripping some off to avoid sweating.

Well, we proved it this President's Day Weekend. The mercury didn't get above 10° F, but the brilliant sun made it a sunscreen weekend. In fact, three days of brilliant sunshine and powder snow.

Our Cross Country group celebrated the President's Day weekend in style the Laurentians with a four day trip. Twenty enthusiastic skiers, Garden Staters plus some Central Jersey recruits, took over the Auberge Swiss Inn and enjoyed the perfect XC conditions. The Auberge is a rustic 125-year old lodge with 12 rooms. Our meals were in front of the massive stone fireplace, with hand carved beams and furniture, all overseen by Melvin the Moose. Our hosts, Sophie and Raymond, cooked and served delicious breakfasts and dinners as well as accommodated our particular dietary needs. Dinners were four course affairs with soup or salad, entrée, dessert and coffee served at a European leisurely pace. Lily Merom had her cousin from Montreal join us for dinner Saturday night.

The trails ran began right outside of our auberge. The group separated into beginners and more advanced skiers.

Most took the miles long Aerobic Corridor, which is an abandoned rail bed. A smaller group tested out skills on the blue and black trails. (Yes, XC has color-coded trail grading, same as downhill.)

The advanced group did a full-day circuit, stopping in Morin Heights village for a warm lunch in the café. Morin Heights has a municipal trail system of over 150 km running throughout the village and on to adjacent towns. Trails are marked, groomed and tracked and extend and connect, so it is possible to plot a course of varying length without retracing your steps. A system of volunteers patrol the trails and watches out for the safety of SC skiers. Sunday Night we all huddled under the blankets for an old-fashioned horse-drawn sleigh ride through the hills.

Après ski, we explored the adjacent town of St. Sauveur. The local delicacies of warm maple taffy poured on snow and crepes were enjoyed sampled.

Several defectors tried their wide (downhill) skis at Mont St. Sauveur alpines ski center. Hank Mazzucca and Micki LeVine declared they had the "best ski day ever" Others drove to Mont Tremblant for a downhill day on Sunday.

Alas, after a short ski on Monday, we had to leave the winter paradise and return home to New Jersey. On the return drive, several of us toured Montreal.

In the great Garden State tradition of "what goes on ski trips stays on the trip" and to protect the guilty, many incidents have been omitted from this article.

All had a great weekend for their \$150.00. We booked the Auberge for President's Weekend next year for an encore.

- Breckenridge, CO

MEMBER BIRTHDAYS

APRIL

Kathleen A.	Colussi	April 01
Peter	Sternfels	April 07
Richard	Daubenberger	April 08
Celia	Moeller	April 08
Bob	Mosher	April 08
Denise	Mosher	April 08
Renee	Greenwood	April 08
Beverly	Valenti	April 09
Toni	Maggio-George	April 10
Mary	Deaver	April 11
Vince	Paruta Jr	April 12
Susan	Schwartz	April 12
Maxine	Grover	April 14
Laurie	Babitts	April 15
Michael R.	George	April 15
Joyce	Trabattoni	April 16
Jill M.	Barbarise	April 19
Nancy	Canning	April 19
Lou	Forte	April 21
Carolyn	Korus	April 23
Richard P.	Macknicz	April 24
Isabella	Micheels	April 25
Pam	Grattan	April 27
Robert	Maida	April 27
Maryann	Kurus	April 28
Edwin	Hirning	April 30
Rita	Agnello	April 30

JUNE

Herb	Imbornoni	June 03
John J.	Knierim	June 04
Susan	Amdur Coburn	June 05
Cliff	Carlson	June 05
Fred	Hotz	June 11
June	Sternfels	June 11
Bruce	Francois	June 14
Kevin	Feehan	June 17
Richard H.	Morrow	June 18
Edwin (Mickey)	Leyden	June 20
Michael	Manis	June 20
Chet	Monroe	June 20
Barbara M.	Johnson	June 20
June	Anton	June 21
Tom	Carroll	June 22
Jim	Warinsky	June 22
Joan	Guaimano	June 22
Richard	Bauernfeind	June 24
Joe	Caramico	June 25
Tom	Dempsey	June 26
RoseMarie	Mumm	June 26
Ann	Costello	June 27
John	Frischia	June 27
Roberta	Lichtman	June 28
Joe	Mellusi	June 30

MAY

Joan	Hurban	May 01
Roseanne	Brevot	May 02
Zoltan	Nagy	May 02
Carrie F.	Niler	May 02
Rob	Sinclair	May 03
Tom	Vazbys	May 05
Gary A.	Ehrich	May 06
Barbara	Dempsey	May 07
Sherry	Mellor	May 08
Micki	Goldberger-LeVine	May 10
Mary	Sutter	May 10
Paige D.	Hiemier	May 11
Pierre	Vittori	May 13
Nancy	Heinrich	May 15
Julie	Donnelly	May 15
Jayne Ann	Sofi	May 15
Marta	Rufe	May 17
Stan	Dziedzic	May 19
William M.	Kent	May 19
Gerry	Hillman	May 19
Joan F.	Groome	May 21
Maria	Rivara	May 25
Ann Hale	Browne	May 25
Dennis	Stefanelli	May 27
Karen E.	Taravella	May 29
Sheila	Kornreich	May 31



MEMBER BIRTHDAYS (CONT'D)

JULY

Mary P.	Sorace	Jul 02
Gary	Wolf	Jul 02
Ron	Vitale	Jul 03
Richard	Buffa	Jul 05
Melissa	Sandberg	Jul 05
Mary Ellen Sokol	Dziedzic	Jul 06
Steve	Willcoxon	Jul 06
Mark	Negrotto	Jul 06
Janine	Gillan	Jul 08
Ron	Lichtman	Jul 09
J. Patrick	Geraghty	Jul 09
Rainie	Gardenier	Jul 11
Donna	Aufiero	Jul 11
Eileen	Stolarz	Jul 13
Irene	Voce	Jul 14
Christine	Wright	Jul 15
Dennis C.	Young	Jul 16
Dan	Yutkowitz	Jul 16
Teri	Kulesa	Jul 18
Sharon M.	Scarnecchia	Jul 18
MaryBeth	Juricek	Jul 19
Kathy Kobylarz	Hirning	Jul 21
Patricia	Neary	Jul 24
Don	Kessler	Jul 25
Bill	Slinn	Jul 25
Christine	Rasmuson	Jul 25
Ray	Marcus	Jul 26
Herm	Schamber	Jul 26
Lori	Dugan	Jul 28
Ellen	Strathy	Jul 28
Lyle	Shaw	Jul 29
Louise	Gentile	Jul 30



AUGUST

Carol	Barnes	Aug 01
Linda	Castronovo	Aug 01
Linda H.	Wells	Aug 01
Ray	Stead	Aug 02
George	Stone	Aug 02
Kat	Visich	Aug 03
Mary	Barber	Aug 04
Ron	LeVine	Aug 04
Susan	Kozman	Aug 05
Denyse	Salmon	Aug 06
Joe	Barba	Aug 09
Ray	Owens	Aug 09
Nancy	Asdal	Aug 10
Mitchell	Stachowicz	Aug 11
Ed	Smyth	Aug 12
Stanley	Bruckner	Aug 15
Carla	Vogel	Aug 16
Laurie	Degerdon	Aug 17
Margaret	O'Brien	Aug 17
Maureen	Lent	Aug 18
Cosmo	Cuocci	Aug 19
Joy	Daubenberger	Aug 20
Michael R.	Pausche	Aug 20
Robert	Young	Aug 21
Stephen	Kremen	Aug 22
Peter	Bellin	Aug 23
Cy	Francus	Aug 23
Rick	Lazar	Aug 23
Gerri	Kuhn	Aug 24
Pat	Young	Aug 24
Barbara Schwerin	Bohus	Aug 26
Robert J.	Bossolt	Aug 29
George S.	Story, Jr.	Aug 30
Carl	Opalek	Aug 30

SEPTEMBER

Marla	Biss	Sep 01
Lou	Cizek	Sep 01
John	Andryszewski	Sep 04
Jean	Meyer Brex	Sep 04
Laura	Van Riper	Sep 04
Helmut	Maiwald	Sep 05
Kas	Kasprowicz	Sep 06
Diane	Trembicki	Sep 06
Elaine	Kallenbach	Sep 08
Fred M.	Gould	Sep 09
Marilyn	Neiman	Sep 09
Arthur	Gillan	Sep 10
Wayne	Kieser	Sep 11
Walter	Sohigian	Sep 11
J. Scott	Lincks	Sep 13
Stephanie	Pfister	Sep 15
Andrea	Escudero	Sep 16
Lily	Merom	Sep 18
Barbara	Erben	Sep 19
Louise	Quindazzi	Sep 19
David J.	Carney	Sep 20
Denise	Mehlman	Sep 20
Susan	Ratti	Sep 27
Joan	Stefanelli	Sep 27
Ken	Levins	Sep 28
Kathy	Mellody-Murante	Sep 28
Lorraine	Sisko Marino	Sep 28
Mike (Weaver)	Lindsay	Sep 29
Linda	Monforte	Sep 29
Bob	Gimpel	Sep 30

Happy

Birthday!

NEVER TOO LATE NEWS...

2004 R.A.T.D.O.G.S. Tennis

(Rank Amateur Tennis Double-faulter's Of Garden State)

-Edward Ellis

The 2004 R.A.T.D.O.G.S. season is over, and I breathe a sigh of relief! This year we had only 1 rainout, although we got a little wet at the end of one or two weeks. We had fairly good attendance, with two to three courts open each week. Emily Eastwick did a bang up job setting up the matches the whole season, with Pete Gisler helping out the two weeks Emily couldn't make it. Pete Gisler and Donna Ahman did an excellent job instructing for those taking lessons. And so many people came, played hard, and had fun!!!

There were a lot of people who signed up for the whole season, or for every week but one or two. I am definitely going to do the same thing next year. Even so, we still had cancellations, and people who just didn't show up. This is one of the only bad points about this season, trying to rearrange the matches Emily set up at the last second!

Special thanks go out to Emily Eastwick for her work in setting up the matches this year. I would also like to thank Donna

Ahman and Pete Gisler for doing the instruction, and to all the R.A.T.D.O.G.S. players who came out and played, and had fun all summer long!!!

For those of you clueless out there, who don't know what R.A.T.D.O.G.S. is about, R.A.T.D.O.G.S. tennis is a weekly tennis program held at the Bergen County Tennis Center in Van Saun Park in Paramus. The program runs from 6 - 8 PM on Thursday nights, starting in June, and running through the end of August. There are usually 2 sets of free 4 week lessons taught by Donna Ahman and/or Pete Gisler for those who want it. We usually go to Charlie Browns for \$2 pints every Thursday after tennis. The price is \$8 per week for members and \$9 per week for non-members. This price includes the court time (2 hours), 1 can of brand new balls per court, and iced tea (assuming I get there in time to make it!!). The main objective is to HAVE FUN!

Hope to see y'all next year!

Garden State Ski Club

Meets every Tuesday
at 8:30 PM:

Victor's Maywood Inn
124 W. Pleasant Ave
Maywood, NJ

PHONE:
(201) 843-8022

MEMBERSHIP
HOTLINE
(973) 478-8722

The Lifeline Welcomes
Volunteers, Articles,
Suggestions, and Ideas,

Submit to The Lifeline's
Acting Editor
Cathy Best at:

TheLifeline@
gardenstateskiclub.com

We're on the Web!

See us at:

www.gardenstateskiclub.com

2005 Season

Sign Up For the 2005

R. A. T. D. O. G. S.

SEASON

Contact Ed Ellis at
edellis@iname.com
or see him at our ski club
meetings. There will be
sign ups at the BBQ's.

“...Charlie Browns for
\$2 pints every Thursday
after tennis.”

About Our Organization...

The Garden State Ski Club since 1958.

With over 400 members involved in activities, you are sure to make new friends. GSSC has events every week to help you get to know your fellow skiers. Helping out on committees, work weekends at the Club-owned Ski Lodge in Vermont, and going on ski trips are sure ways of making and enriching friendships.

WE WANT YOU!

TO SUBMIT AN ARTICLE TO
THE LIFTLINE NEWSLETTER

Email:

TheLifeline@gardenstateskiclub.com
